

ABOUT MY JOURNEY 2 FREEDOM

Your ability to create wealth and stay wealthy are not dependent on how much you earn, they are dependent on your habits and choices. Habits and choices are driven by your thoughts and emotions. How do you feel about money? What does it mean to think mindfully about your money? Do you have healthy money habits?

Everything we do is about Freedom.

My Journey 2 Freedom is a registered Financial Services Provider, MJF Wealth (Pty) Ltd FSP48028, that specializes in Lifestyle Financial Planning & Coaching.

We work with people to think about and plan their money and their life. Our passion is to work with those we call change-makers, the ones who are up to something inspiring, with a vision to contribute something of value that will change the world in some way.

We help our clients shift from feeling overwhelmed by their responsibilities, fears and uncertainty to feeling confident that they have a plan, are in control and know what small steps to take to create the future that they want for themselves, those they love and to fulfil their purpose.

We're known for our independent and creatively disruptive thinking that challenges the status quo and allows us to provide a neutral, fee-only and solutions-agnostic service that we can deliver to individuals, couples and families as well as businesses who believe that taking care of their employees financial well-being through empowering financial education is part of their change-making mission and vision.

WHO WE ARE

Mary J Fourie is a millennial change-maker and founder of My Journey 2 Freedom. She helps people to think about and plan their money and their life in an integrated, whole-person approach incorporating mind, body, and soul. Her passion is to inspire change-making; working with her clients to shift the way that they earn and spend their money to align with what feels most purposeful and meaningful to them.

She has experience as both a change-maker on a journey to fulfil her own personal purpose, as well as a Financial Planner and Coach equipped with the tools to make it happen.

In building her toolbox, Mary J completed two NQF5 Higher Certificate's in Financial Planning obtained from Milpark Business School as well as a Leadership & Coach Training qualification from Star Leadership (Pty) Ltd. She is a Registered Financial Practitioner™ with the Financial Planning Institute Southern Africa (FPI), is credentialed with the International Coach Federation (ICF) as a Professional Certified Coach (PCC) and is an accredited iEQ9 Enneagram Individual & Team Practitioner.

With a passion for growing financial coaching in South Africa, she runs the Money Talks Development Financial Coach Training School and sits as a volunteer on the local board of directors of the South African Charter Chapter of the ICF in the role of Ambassador for Coaching in the Financial Services Sector.

Mary J lives by her values of freedom created by connection, contribution and responsibility and believes that her clients have the potential to create their own journey to financial freedom by working in partnership with her through her values driven and integrated head, hands and heart-based approach to money.



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THE BORING LEGAL STUFF

My Journey 2 Freedom is registered as MJF Wealth (Pty) Ltd and is an Authorised Financial Services Provider (FSP 48028) registered with the Financial Services Conduct Authority (FSCA), the financial regulatory authority in South Africa, and is authorised to render financial services.

MJF Wealth's registered contact details are as follows:

Address: 13c Lower Bath Road, Wynberg, Cape Town, South Africa, 7800.
Telephone: +2721 761 2353
Email: info@myjourney2freedom.com

Mary J's contact details are as follows:

Cell phone: +2782 4555 919
Email: mary@myjourney2freedom.com

MJF Wealth and Mary J are both licensed to provide financial services in the following categories:

- 1.1 Long-Term Insurance : subcategory A
- 1.23 Short-Term Insurance : Personal Lines A1
- 1.3 Long-Term Insurance : subcategory B1
- 1.20 Long-Term Insurance : subcategory B2
- 1.21 Long-Term Insurance : subcategory B2-A
- 1.22 Long-Term Insurance : subcategory B1-A
- 1.4 Long-Term Insurance : subcategory C
- 1.5 Retail Pension Benefits
- 1.7 Pension Fund Benefits (excluding retail)
- 1.8 Securities and Instruments : Shares
- 1.14 Participatory Interests in Collective Investment Schemes
- 1.16 Health Service Benefits

MJF Wealth's licenses, authorisations and accreditations are available to view at any time upon request. MJF Wealth declares that it is not an associated company of any Life Assurer or Product Provider and does not directly hold more than 10% of any insurers issued shares.

MJF Wealth operates on a fee-for-service business model in order to reduce unnecessary conflicts of interest that may arise from the traditional commission-based business model. This ensures that we maintain an independent and unbiased approach to the support and advice we offer you.

MJF Wealth confirms that it holds Professional Indemnity Insurance. Any complaints can be directed to info@myjourney2freedom.com with the aim to resolve them internally before seeking outside mediation if needed.

All information gathered and stored is done so in accordance with the relevant governing regulations including FAIS and the Protection of Personal Information Act. Records are kept electronically, backed-up off-site securely for the relevant time periods specified. All information is treated as confidential and will not be shared with any other entity or person unless authorised by you in writing or directed by Law.

SIGNATURES

May it be shown by your signatures that you have received a copy of this "About My Journey 2 Freedom" disclosure document as well as noted its contents.

Signed on this _____ day of _____ in 2021.

